Here is a list of some simple (and not so simple) things each of us can do.

✓ Unplug televisions, computers, and chargers when not in use. Plugged in electronics and appliances still use electricity, called “standby power.”
✓ Buy less stuff. For example, instead of buying a case of plastic water bottles, consider buying one refillable one.
✓ Know where your food comes from. If you buy local, your food travels fewer miles, reducing fossil fuel use.
✓ Eat vegetarian meals several times a week. Growing vegetables uses less energy than raising cattle, for example.
✓ Walk or bicycle more often or try taking the bus or carpooling.
✓ Turn off lights when you leave a room
✓ Program your thermostat
✓ Close curtains at night – to keep in warmth. Install shades for your windows – to keep the inside cool.
✓ Install a water-saving showerhead and low-flow toilets
✓ Use energy efficient lighting, such as compact fluorescent or LED lights.
✓ Use cold (or warm) water to wash your laundry – and consider drying clothes on a line instead of dryer.
✓ Be green in your yard
  ✓ Plant native species. They are generally more drought tolerant.
  ✓ Avoid pesticides
  ✓ Grow a vegetable garden
  ✓ Compost your food scraps for fertilizer
  ✓ Plant a tree to shade west-facing windows